

winchester

STREET REACH

Registered Charity No. 1167148

*Empowering young people to
recognise and achieve their
full potential*



SUPPORTING YOUNG PEOPLE'S MENTAL HEALTH

Our youth work team are on the front line supporting young people around their mental health and wellbeing. We help identify young people experiencing difficulties at the earliest possible opportunity.

Read more on page 2

WE DELIVER WEEKLY OUTREACH SESSIONS TO YOUNG PEOPLE IN NEED

Street Reach is a charity working with young people in Winchester and the surrounding areas. Established in 1983, our work is open to all young people and is particularly targeted towards those experiencing disadvantage.

Our approach in working with young people is primarily through Detached Youth Work; outreach work in local communities. We build relationships with young people in order that we may offer advice, support and opportunities. We run a youth club in Micheldever village and also offer drop-in projects and trips.

1 in 6
YOUNG PEOPLE WERE
IDENTIFIED AS HAVING A
MENTAL HEALTH
PROBLEM IN JULY 2020 (i)

80%
OF YOUNG PEOPLE WITH
MENTAL HEALTH NEEDS
AGREE THAT THE
CORONAVIRUS PANDEMIC
MADE THEIR MENTAL
HEALTH WORSE (ii)

(i) NHS Mental Health Survey 2020

(ii) YoungMinds Covid-19 Survey 2020

Winchester Street Reach are helping support young people in an unprecedented time. We are seeing first-hand how young people and families already experiencing disadvantage have felt the impact of Coronavirus most. Our work is highly focused around young people's mental health and wellbeing.

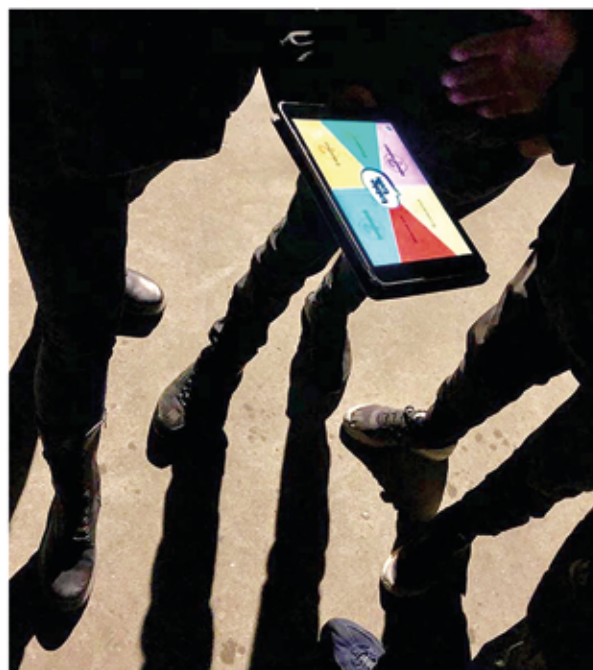
In 2020, despite the lockdowns and restrictions, we were able to work with 215 young people. On returning to the streets, it was alarming to see how much had happened in the lives of the young people, and the needs they presented with.

This year we have been working to ensure that young people across Winchester and beyond have access to opportunities that engage them, offer support, and **bring hope for their futures.**



Harestock, Winchester





DETACHED YOUTH WORK AT OUR CORE

The Detached approach brings youth work directly to young people in their local community

Our principal activity is to offer targeted support to young people in the Winchester area through outreach sessions, known as Detached Youth Work. Our teams of youth workers visit each of our target communities, getting to know the young people that we encounter, and offering information and support. We work in the areas of highest deprivation and in areas where there are limited services available to young people.

Currently we target the communities of Weeke, Harestock, Winnall and Stanmore. We work directly with young people encountered on the streets; this could be in shop fronts, local parks or simply on the street corner.

The Detached approach helps us to identify and support young people that experience disadvantage, and who may be vulnerable. We work with young people that may not be engaging with any other

services and through our work we help to build their wider support network, including referring to specialist agencies to help address unmet needs.

Mobile Detached Youth Work has proven to be a resilient way of providing support to young people during the Coronavirus Pandemic. Following the first lockdown, the recognised status of detached youth workers as Key Workers, and additional safety measures in place meant we were able to continue supporting young people in need out in the community.

As part of our outreach, we also run weekly drop-in surgeries so that in each of our target areas, young people are able to meet with us at set times at an accessible location in their community. Young people make use of our surgeries to engage with the Street Reach team and to access support in times of need.

The areas we target contain neighbourhoods in the top 30% most deprived in England

National Statistics- English indices of deprivation 2019

MENTAL HEALTH

ISOLATION

LONELINESS

EDUCATION

RISK TAKING

HEALTHY RELATIONSHIPS

Areas of highest support

***During the Coronavirus
Pandemic, we adapted safe
ways of working to
continue providing
street-based support, with
our staff recognised as Key
Workers***



***STREET REACH ALWAYS COME
TO SEE US. I KNOW I CAN
TALK TO THEM***

MONDAYS 6:30 - 8:30pm

WEEKE

WEEKE SURGERY
*Stoney Lane shops
(Spar)*

7.00 – 7:15pm

HARESTOCK

HARESTOCK SURGERY
*Priors Dean Road shops
(Tesco)*

7:30 – 7:45pm

TUESDAYS 6:30 - 8pm

WINNALL

WINNALL SURGERY
*Garbett Road shops
(One Stop)*

7.00 – 7:15pm

STANMORE

STANMORE SURGERY
*Wavell Way shops
(Premier)*

7.30 – 7:45pm



MICHELDEVER YOUTH CLUB

Street Reach delivers a centre-based youth club on Monday evenings in Micheldever, for young people from the village and surrounding areas. The club is a much-needed facility for young people, offering a wide range of activities, as well as providing targeted support to young people in need and those experiencing disadvantage.

The team offer a wide range of activities for club participants alongside targeted support and advice. Activities at youth club include a range of soft ball games and sports in the main hall, cooking activities in the kitchen, table tennis table with a chill out area in the main space, and a pool table upstairs. In the warmer months, we also visit the park on Duke Street for outdoor activities, and we are able to go on walks with the young people to explore the local area.

Isolation has been an issue particularly impacting rural communities as a result of the Coronavirus Pandemic. At Micheldever Youth Club, we have been welcoming young people back to the club space following on from sessions that moved online during lockdown. We are committed to offering the participants a range of experiences, including off-site trips to help them re-engage in social activities that help build confidence and a real sense of belonging.



MONDAYS

MICHELDEVER

**YOUTH CLUB
(TERM-TIME)**

7:00 – 8:30pm*

**Year 7's until 8pm*

*Northbrook Hall, 104 Duke Street,
Micheldever, SO21 3DF*



FRIDAY FOOTBALL

Friday Football is a weekly drop-in project for young people aged 11-17 years. The project is open to all abilities, and new members are always welcome! Our youth workers are there to provide important support to the young people 'off pitch'.

Due to the Coronavirus Pandemic, Friday Football temporarily moved to a local park in Weeke, and this allowed us to continue supporting the young

people, providing them with a physical and social activity at a time when many were feeling isolated. The project has now returned to its usual home on the floodlit all-weather pitch at Henry Beaufort School.

Allegra's Ambition have been the primary funder of the Friday Football project since 2018, a partnership we are extremely proud of.



FRIDAYS

FRIDAY FOOTBALL

6:00 – 7:30pm

£1 ENTRY

HENRY BEAUFORT SCHOOL, PRIORS DEAN ROAD, WINCHESTER, SO22 6JJ

ALL THINGS

FRIDAY PROJECT

We received an incredible donation of £68,400 over 27 months to deliver a project working with young people experiencing isolation. The grant also supported our existing projects by funding one youth worker at each project, ensuring we have been able to be inclusive and meet the needs of all young people. We worked with the participants in small groups on a referral basis and delivered the project in cohorts lasting a term-and-a-half.

The sessions included ice breakers and team building games as well as targeted work around areas such as wellbeing, confidence, mental health and building resilience. Through the project we delivered a range of day trips and a residential trip to an Eco Farm. As part of the project we also delivered street-based outreach sessions during the school holidays where we worked with at risk young people around education and career opportunities.

A project created to alleviate loneliness and isolation



FEELING POSITIVE ABOUT MY FUTURE


Chloe, 15 struggled to build and maintain friendships with her peers and she has also experienced isolation in her home life. She sought the attention of adults, which made her vulnerable to Child Sexual and Criminal Exploitation. Often anxious and distracted, Chloe needed extra support and we were able to offer her this through the Friday Project.

Over the course of the project, Chloe's confidence grew which in turn supported her ability to focus and join in group discussions. She responded particularly well to the ice breakers and team building games and was interested in the themes of the project. Chloe would often make everyone laugh and this enabled her to socialise and communicate

more with the rest of the group. By the end of the project, Chloe built trust with our team of youth workers and was able to talk about her challenges and past experiences.

With the trusting relationship established between Chloe and Street Reach, she felt confident after the Friday Project had finished to engage with our team in the week during our Detached Youth Work sessions and at the Friday Football project. Our team are continuing to support Chloe, building on her social inclusion and communication skills.

Name changed for confidentiality. The information outlined does not identify the individual.

A person with reddish-brown hair tied in a ponytail, wearing a grey hoodie, is sitting on a large, dark log. They are looking out over a city at sunset. The sun is low on the horizon, creating a warm, orange glow. The city below is visible in the distance, with buildings and trees. The person's hands are resting on the log.

I've been able to make friends at Friday Project and the best thing is that it helped me back at school

FUNDRAISING IN 2021 AND BEYOND

*In 2018, **40%** of our annual budget was funded by the Local Authority*

*In 2021, **8%** of our annual budget was funded by the Local Authority*

The Coronavirus Pandemic has created a challenging environment for fundraising. Right now, we are focused on securing funds to continue the delivery of our projects

We have been able to build partnerships with a range of funders to help sustain our work and this has helped to soften the impact of cuts in Local Authority grants.

We have been further diversifying our income by developing a range of 'Sold Services'. Here our staff team are sharing unique expertise from their roles to train school staff, as well as delivering directly to young people through assemblies. This has helped us generate self-sustaining income as well as expanding our reach.

DISCUSS YOUR TRAINING NEEDS WITH US

We have experience in a range of topics, including **Substance Use**, **Managing Challenging Behaviour** and **Emotional First Aid**



FEATURED SPONSOR

ALLEGRA'S AMBITION



We've had a partnership with the amazing Allegra's Ambition charity since 2018. Allegra's Ambition aims to enable, engage and empower young, disadvantaged people to fulfil their potential through participation in sport and outdoor activities.

Allegra's Ambition have been the core funder for Friday Football since 2018. Through our close working, Allegra's Ambition learned about our hopes to one day have a charity minibus to support our outreach work and for trips. Incredibly they gifted us a minibus which immediately enhanced our work and we have never looked back!

This year Allegra's Ambition funded a residential trip to Magdalen Farm, an Eco Farm in Somerset, which was enjoyed by our Friday Project participants. They also provided additional funding for activities and trips to support young people to re-engage after the lockdowns brought on by Covid.

Find out more at allegrasambition.org.uk



BECOME A CHARITY PARTNER

If you're interested in finding out more about our cause and how to help, we would love to hear from you!

THANK YOU TO OUR SPONSORS

A huge thank you to our supporters- you make our work possible.



GET INVOLVED



To get involved, reach out to us



/street.reach



/street_reach



/streetreachwinchester

01962 828621

admin@winchesterstreetreach.org

Winchester Street Reach
Bradbury House, Durngate Place,
Winchester, SO23 8DX